



Georgia Shaffer



## Author Biography

Georgia Shaffer is a licensed psychologist in Pennsylvania and a certified life coach. For over 15 years, she has enhanced people's lives by teaching how to identify: "What needs to grow? What needs to go?" Georgia's warmth, wisdom, and no-nonsense personality will help you:

- Deepen your ability to understand and connect with others.
- Identify relational blind spots and avoid their destructive effects.
- Reduce feelings of vulnerability and neediness by confronting relational fears.
- Experience a stronger sense of God's comfort during times of uncertainty.



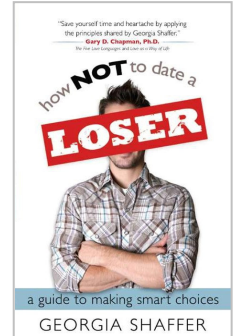
Georgia writes and speaks frequently on the subjects of relationships, dating, grief, and rebuilding after loss. Her new book, *How Not to Date a Loser: A Guide to Making Smart Choices*, is scheduled for release in December, 2008. She is also the author of *The Gift of Mourning Glories – Restoring Your Life after Loss*, and producer of the syndicated radio feature *The Mourning Glory Minute*.

In 1989, after a recurrence of breast cancer, Georgia was given a 2% chance to be alive in 10 years. During the same time period, she experienced the devastating loss of her job and her marriage. So, Georgia knows first-hand the struggles, the setbacks, and the skills needed to begin again. She also knows the joy that comes with a life of passion and purpose.

Georgia's energetic style has resonated with listeners and viewers on national programs, such as *The 700 Club*, *Decision Today*, and Sky Angel's *A Time for Hope*. She has also provided expertise as a presenter on American Association of Christian Counselors' video curriculum *Christian Coaching Volumes I and II*, *Fresh Start: Life After Divorce*, *Cancer: Seven Things You Can Do to Help*, and *Caring for Teens God's Way*.

When Georgia isn't writing, speaking, or counseling, she enjoys spending time with her son and deciding what needs to grow or go in her scenic garden. She resides outside Lancaster, Pennsylvania. For more information, visit: [www.GeorgiaShaffer.com](http://www.GeorgiaShaffer.com)

Rely on Georgia Shaffer to help you know: *What needs to grow? What needs to go?*



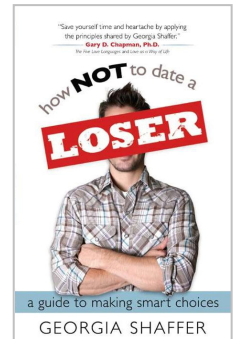


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## Interview Questions

### How NOT to Date a Loser: A Guide to Making Smart Choices



1. Georgia, you've written a book with a pretty blunt title, what led you to write *How NOT to Date a Loser*?
2. What do you mean by a loser...are you just bashing people...how would someone know if he or she was dating a loser?
3. You say singles today are more vulnerable to losers than ever before. Why?
4. In Chapter 3 and 4 you talk about understanding we all have blind spots and how that impacts our choices. How can someone see what they might be missing in someone they're dating?
5. You believe that identifying our values is extremely important to finding the relationships we really want. Can you explain what you mean by that?
6. You say one of the major ways someone's judgment is short circuited is by becoming physically close too soon. What are some of the damaging consequences of this?
7. In Chapter 5 of *How Not to Date a Loser* you talk about the difficulties of connecting in an honest open way. What are some of the problems we have?
8. Why do people stay in dating relationships they know aren't good for them?



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## Endorsements

“Being the right person and marrying the right person are extremely important if you want to have a satisfying marriage. Save yourself time and heartache by applying the principles shared by Georgia Shaffer in *How Not to Date a Loser*.”

**Gary D. Chapman, Ph.D.**

Author, *The Five Love Languages and Love As a Way of Life*

“In the fast-paced world of meeting and greeting, blind dates, and internet matching, Georgia has written a much-needed guide to help men and women make smart choices in matters of the heart. If true love is your goal, take charge of your love life by reading this handy ‘how-not-to.’ ”

**Michelle McKinney Hammond**

Author, *How to Avoid the 10 Mistakes Single Women Make*

“Georgia Shaffer provides single adults of all ages the vital perspective to make dating decisions with confidence and wisdom. If you’ve been stuck dating ‘losers,’ Georgia can help you break that cycle and build the healthy, lasting relationship you really want.”

**Rob Eagar**

Author, *Dating with Pure Passion*

“Writing as only someone who is single herself could, Georgia Shaffer draws from her own life and professional experience as a licensed psychologist and certified life coach to provide practical strategies for avoiding unhealthy relationships. If you want to be more intentional about choosing well, this book is an excellent resource!”

**Dr. Tim Clinton**

President, American Association of Christian Counselors

“For singles wanting to avoid dating drama and wasted time, *How Not to Date a Loser* hits the nail squarely on the head. Georgia Shaffer’s practical insights simplify what always seemed so complicated and provides real help—and hope—for serious-minded singles.”

**Ronn Elmore, Psy.D**

Author, *No-Nonsense Dating*

“Simple, clear, useful, and most of all engaging. Georgia has written a very helpful book for anyone who wants to be intentional about their future choices in relationships. If you read this book and do the very clear exercises, I promise you will have the kind of relationships you want.”

**Rich Hurst**

Pastor, Leadership and Staff Development at McLean Bible Church

“Georgia’s passion for helping shines as she shares how singles can become intentional about assessing the persons they date so they can spot ‘the losers’ to avoid. If you’re serious about seeing the truth about those you date or might consider marrying this is the book for you.”

**Freda V. Crews, D.Min., Ph.D.; LPC**

TV Host of *Time for Hope*



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## Media Experience

### **Television and Video Appearances:**

*The 700 Club*

Sky Angel Network's *A Time for Hope*

AACC video series: *Advanced Professional Life Coaching Volumes I and II*

*Caring for Teen's God's Way*, and *Cancer: 7 Things You Can Do to Help*.

### **Radio Appearances:**

*Decision Today*

Syndicated radio feature: *The Mourning Glory Minute*

Regional radio interviews throughout MD, PA, FL, TN, and NJ.

### **Print Media Appearances:**

Articles published in:

*Living Solo Magazine*

*Focus on the Family*

*Christian Marriage Partnership*

*Coping Magazine*

*CBN.com*

### **Keynote Speaking Appearances:**

*Crystal Cathedral International Women's Conference*

*National Oncology Institute for Learning*

*Sandy Cove National Singles Retreat*

Teaching staff of *Christian Leaders, Authors, & Speakers Services (CLASS)*.